

**2014 Individual Mileage and Fruit/Vegetable Log for Walk Kansas**  
The LEARNING CENTER of Ellis County



Name \_\_\_\_\_

**Directions:**

- Record your **daily mileage and fruit/vegetable servings** on this Individual Mileage and Fruit/Vegetable Log.
- Turn in your weekly total miles and fruit/vegetable servings to an instructor **every Monday**.
- When Walk Kansas is over (May 12, 2014), total all your miles and fruit/vegetable servings. If you have a success story to share, and/or any comments you may have while participating in Walk Kansas, please write them in the space provided below (use the back if necessary.)
- **Completed logs must be received no later than Wednesday, May 14, 2014 to receive the 1/2 credit of PE.**

		MON	TUES	WED	THURS	FRI	SAT	SUN	TOTAL
<b>Week #1</b>	Minutes								
	Bonus								
	F/V								
<b>Week #2</b>	Minutes								
	Bonus								
	F/V								
<b>Week #3</b>	Minutes								
	Bonus								
	F/V								
<b>Week #4</b>	Minutes								
	Bonus								
	F/V								
<b>Week #5</b>	Minutes								
	Bonus								
	F/V								
<b>Week #6</b>	Minutes								
	Bonus								
	F/V								
<b>Week #7</b>	Minutes								
	Bonus								
	F/V								
<b>Week #8</b>	Minutes								
	Bonus								
	F/V								